



# Alpha Chapter Newsletter

Organized 1937

[www.AlphaChapterDKG.com](http://www.AlphaChapterDKG.com)

of Xi State

Organized 1935

JANUARY/FEBRUARY  
2011

OF DELTA KAPPA GAMMA SOCIETY INTERNATIONAL

ORGANIZED 1929



## From Our President.....

With the Christmas season moving into fond memories, we begin a new year. Each one seems to tick off a little faster, and we wonder where does the time go. We've packed our decorations away and have made many resolutions. Many of them will be either broken or forgotten soon after they are made.

I have one resolution I would like for all of us to make and keep. That resolution involves Delta Kappa Gamma. I hope each of you resolves to keep active in our chapter. Volunteer to do a devotion, be a hostess, or serve on a committee. Our chapter is as good as we make it. If you are already doing those things, "thank you" and please continue. We are coming up on our 75<sup>th</sup> anniversary and we are planning on a big celebration. I've asked Patsy Williamson and Sara Jo Hudson to head this committee and they are already "tapping" people for information on our chapter history.

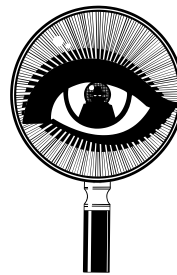
Our chapter is the first in Tennessee and I always proudly boast that we are the best chapter in Tennessee. I hope each of you feel the same way. I hope you will look at your fellow teachers and find someone who would be a great Alpha member. I encourage you to ask them and help them to get involved and have a support system and enjoy the opportunities that Delta Kappa Gamma affords.

Our chapter has always been a giving one and I know that we will continue to bring our items for the veterans, the magazines for the various nursing and assisted living locations. The box tops and labels are essential in those member's schools to provide supplies. Our scholarship fund is also needing so that we can help to further education for those who have a love for teaching.

As we go into 2011, our school year is half over and winter will probably bring several "snow days". Enjoy those days – read a good book, drink a special cup of coffee or cocoa, and most of all, sleep in late. As we know, spring is just around the corner and the school year will be in a frenzy to end. So store your energy and remember to attend your chapter meetings and volunteer when asked. Have a great January and see you soon.

*Patti*

*P.S.* If you missed the Christmas get together, you missed some wonderful eating – no calories and no fat grams!!!! The food, fellowship, friendships, and "Fa la la la's" were awesome. Beverly Smith, 1<sup>st</sup> Vice President, and Carolyn Earnest came and enjoyed the festivities with us. We had enough toys to fill several boxes and many brought magazines and toiletries to add to what we have. A big thanks to our hostesses who prepared wonderful treats. If you did not attend this year, please make plans to join us next year. It is a busy time of the year, but it is such a memorable occasion. A final thanks to Mary McLain who brought our new yearbooks.



*Who is the Mystery Alpha Sister?*

*This Sister has four children, two of which are teachers, and she has six grandchildren. She received her B.S. degree in History from University of Tennessee at Knoxville, her vision certification from M.T.S.U., and her special education certification from U.T.C. Other than her grandchildren, she likes to travel, to cook, and play tennis. She has visited Greece, Ireland, Italy, Israel, and Canada. She does volunteer work with Interfaith Hospitality and Read 20. (Answer in the March newsletter.)*

[Answer to the December Mystery Alpha Sister: Marcia Brown]



Please note that this newsletter is a combination January and February newsletter. The next newsletter you will receive will be the March newsletter.



# Xi State News

January 10, 2011

Deadline to submit any proposed amendments to the Xi State Rules and Bylaws to Joy Branham Chapter annual reports due from Chapter president, communication, necrology, finance, membership, nominations, program, scholarship, and world fellowship chairs

February 1, 2011

February 1, 2011

Deadline for applications for Xi State and International Scholarship  
Deadline to submit application for Cornet Award for Professional Development

March 15, 2011

Deadline to submit Legislative Award form  
Deadline to submit Communications Award form

April 1, 2011

Deadline to submit Order of the Rose Nomination form  
Deadline to submit Achievement Award form

April 7, 2011

Deadline to submit Visual Arts & Display form

April 15, 2011

Deadline to submit Chapter Excellence form

June 9-11, 2011

Xi State Convention  
University of the South  
Sewanee, TN



## Our next meetings are...

### Our January meeting.....

**Date:** Saturday, January 8, 2011 at 10:30 a.m.  
**Location:** Manorhouse at 1148 Mountain Creek Road  
**Program:** Luane Culpepper re: Matters of Finance  
**Devotion:** Naomi Hay  
**Hostesses:** Nancy Thompson, Betty Lee, Angie Neeley, Harriet New

### Our February meeting.....

**Date:** Thursday, February 10, 2011 at 4:30 p.m.  
**Location:** St. John's United Methodist Church 3921 Murray Hills Drive Chatt.37416 (Directions below)  
**Program:** Photography by Milton McLain  
**Devotion:** Dr. Patti Skates  
**Hostesses:** Serie Bland, Betty Fassnacht, Dr. Patti Skates

(Directions to St. John's United Methodist Church)  
Depending on where you live.....go to Hwy 153 N or S  
Exit onto TN 58E toward Decatur  
Turn left on Murray Hills Drive  
Church is on the left. 3921 Murray Hills Road  
(If you reach Oak Hill Road, you have gone too far.)

**Red ribbon pin holders** are available from Omicron Chapter. You can find the form at [www.AlphaChapterDKG.com](http://www.AlphaChapterDKG.com)

**THANK YOU**

A BIG Thank you to Mary McLain, Alpha Chapter Yearbook Chair, for our 2010-2011 Yearbook insert. If you were not present to receive the insert, please see her at the January meeting or contact her at [mclain5720@mac.com](mailto:mclain5720@mac.com)



|                   |             |
|-------------------|-------------|
| Pat Varnell       | January 6   |
| Angie Neeley      | January 19  |
| Harriet New       | January 31  |
| Marcia Brown      | February 17 |
| Stephanie Parrott | February 19 |



***Delta Kappa Gamma  
International News***

**Embracing Our Vision • Designing  
Our Future**

- |                  |   |
|------------------|---|
| July 13-16, 2011 | Southeast Regional Conference<br>Marriott Downtown<br>Louisville, Kentucky                |
| July 24-28, 2012 | International Convention at the<br>Sheraton New York Hotel<br>and Towers in New York City |
| July 10-13, 2013 | Southeast Regional<br>Conference, Gaylord Palms,<br>Orlando, Florida                      |
| July 2014        | International Convention,<br>Indianapolis, Indiana  |
| July 2015        | Southeast Regional<br>Conference, Georgia State   |
| July 2016        | International Convention,<br>Nashville, Tennessee   |



Looking Ahead to....

***March: Alpha Chapter  
Birthday Tea***

**When Things Go Wrong...**

When things go wrong as they sometimes will,  
When the road you're trudging seems all uphill,  
When the funds are low and the debts are high,  
And you want to smile but you have to sigh,  
When care is pressing you down a bit  
Rest if you must, but don't you quit.  
Success is failure turned inside out,  
The silver tint on the clouds of doubt,  
And you can never tell how close you are,  
It may be near when it seems afar.  
So, stick to the fight when you're hardest hit  
It's when things go wrong that you mustn't quit.

—Unknown

**My Feet Are Off The Ground**  
by Tyler Perry:  
Writer and Actor

This morning I awoke and was so frustrated about all of the stuff that I'm dealing with in trying to get this studio open. I was about to open my mouth and start complaining when I remembered something that happened to me about a year ago.

I was walking to my car when this woman who appeared to be homeless started walking towards me. I'm ashamed to say this but I thought, 'I don't feel like being hustled today.' Then I got quickly convicted. I felt guilty so I started digging in my pocket for some money. As she got closer I noticed that she had the kindest eyes that I had ever seen. As I was reaching into my pocket she started to speak. I thought, 'Here goes the sales pitch'. She said 'Excuse me sir, I need some shoes. Can you help me?' My eyes filled with water because I remember being out on the streets and having only one pair of run over shoes. I was taken aback for a second.

I took her inside the studio and had my wardrobe people find shoes in her size. As she put the shoes on she started crying, praising God and thanking Jesus, and saying, 'My feet are off the ground! My feet are off the ground!' Several of the wardrobe people started crying. I was crying. But I never forgot those words. 'My feet are off the ground!' I thought, 'Wow! All she wanted was some shoes.' She quickly disappeared and never asked me for a dime. I realized that I still had the money in my hand so I went out looking for her. She was gone just that quick so I looked all around the neighborhood for her. I found her standing on a corner looking down at her shoes, still crying. I was so touched. I asked her how she had gotten homeless. She told me that she had AIDS and that she was waiting to get into a shelter. She said that her family had turned their backs on her and that she had no place to go, but she knew that God would make a way for her. I said to myself, 'He just did.' Her faith and her praise moved me. I took her to a nearby hotel and put her up until she was able to get on her feet. I had someone that worked for me to check on her from time to time and to make sure that she had food and clothes. After about a month or so we lost touch, but I never forgot her.

This past summer I was shooting 'Daddy's Little Girls' and this woman walks up to me smiling. I didn't recognize her face, but her eyes were familiar. She had on a really nice dress and her hair was done. It was her! She told me that the little help that I had given her had changed her life. She was in a house now and doing very well.

I said all of that to say this. After I met this woman, every time I think about complaining and mumbling I remember, 'My feet are off the ground!'

I wanted to share this with you just to let you know that when I say that I am thankful for you, I mean it. And when I say that you are a blessing to me, I mean it. We take so much for granted sometimes that I just wanted all of you to know that I am grateful to God for you every day. Thank you for being in my life.

-e-mail from Susan Grow



Delta Kappa Gamma Society  
International

The Delta Kappa Gamma Society International has been organized in 17 member countries as of November 2009. Member countries are listed in order of founding.



United States • May 1929



Canada • June 1952



Norway • April 1970



Sweden • April 1972



Mexico • February 1974



Finland • March 1974



Guatemala • August 1975



Iceland • November 1975



The Netherlands • March 1976



Puerto Rico • December 1976



Great Britain • November 1977



El Salvador • May 1978



Costa Rica • June 1980



Germany • March 1992



Denmark • March 2007



Estonia • March 2008



Panama • November 2009



Recipe of the Month

**Chicken Potato Bake**

**Ingredients:**

1 egg, beaten

**Bread crumb mixture**

1/4 cup dried bread crumbs  
1/4 cup grated Parmesan cheese  
1 teaspoon dried Italian seasoning  
Salt and pepper to taste

**Potato mixture**

1 (24-30 ounce) package frozen hash brown potatoes, thawed  
10 ounce can cream of chicken soup  
1/2 cup milk  
1 cup sour cream  
1 cup grated Monterey Jack cheese  
1 teaspoon dried Italian seasoning  
1/2 teaspoon salt  
1/8 teaspoon pepper  
1 red bell pepper, chopped OR 2 tablespoons pimento

7 boneless, skinless chicken breasts (may be flattened somewhat if you wish)

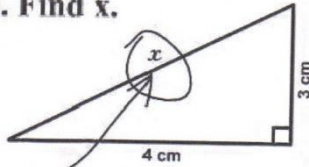
**Directions:**

1. Preheat oven to 375° F
2. In 13" x 9" glass baking dish, combine ingredients for the potato mixture; mix well.
3. Combine ingredients for bread crumb mixture.
4. Place egg in small shallow bowl; beat well.
5. One at a time, dip the smooth side of a chicken breast in the egg, then in bread crumb mixture (1st) to coat. Place coated side up on the potato mixture. Repeat with remaining chicken breasts. Dispose of unused bread crumb mixture.
6. Bake for 35-45 minutes or until chicken is thoroughly cooked and the potato mixture is bubbling and brown around the edges.

Over \$15,000 in scholarships is awarded annually to Xi State members. For forms, go to [www.XiState.org](http://www.XiState.org). Deadline: Feb. 1

## Why Some Teachers Become Exasperated....

3. Find x.



Here it is

What did Mahatma Gandhi and Genghis Khan have in common?

Unusual names

Name one of the early Romans' greatest achievements.

Learning to speak Latin.

Name six animals which live specifically in the Arctic.

Two polar bears  
~~Three~~ Four seals

Where was the American Declaration of Independence signed?

At the bottom.

What is a vibration?

There are good vibrations and bad vibrations. Good vibrations were discovered in the 1960s

What is the meaning of the word 'varicose'?

Close by

Steve is driving his car. He is travelling at 60 feet/second and the speed limit is 40 mph. Is Steve speeding?

He could find out by checking his speedometer.

The race of people known as Malays come from which country?

Malaysia

-e-mail from a friend



In Case You Are Interested...

Xi State asks you to join Delta Kappa Gamma on Facebook! Search for Delta Kappa Gamma Xi State and join the group. Currently, there are over 150 members who are posting comments and joining in discussions.

-www.XiState.org

Be sure to visit our website at [www.AlphaChapterDKG.com](http://www.AlphaChapterDKG.com)

And also visit

Xi State at

[www.XiState.org](http://www.XiState.org)

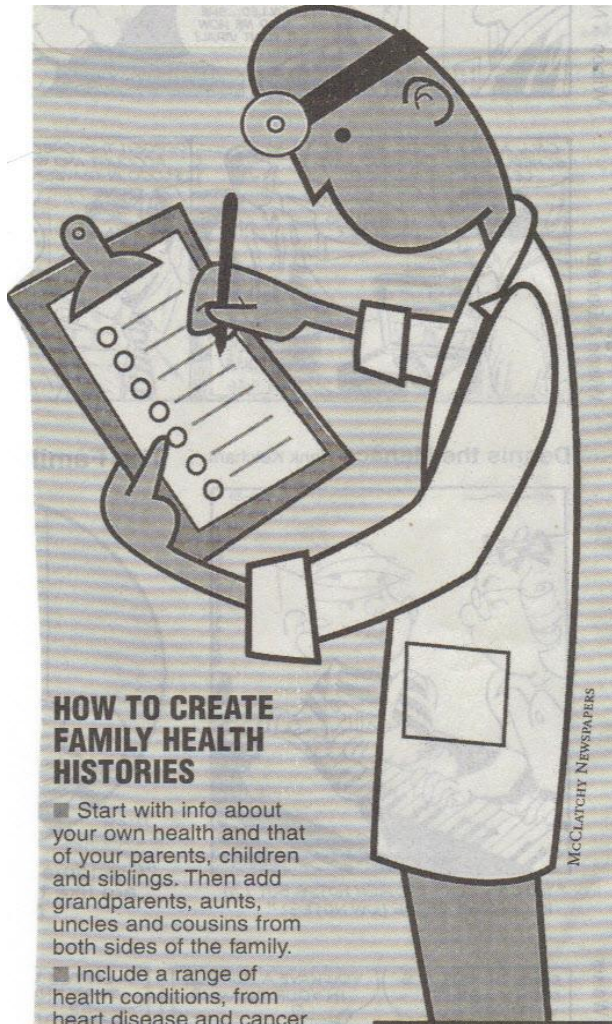
and International at

[www.dkg.org](http://www.dkg.org)

■ SCAM TEST Think you can't be fooled? The Federal Deposit Insurance Corp. has put together a quiz to test whether you might be taken in by a scam. The quiz goes over the popular ones — work-at-home schemes, identity theft, official-looking requests for your personal information, among others. Check it out at [www.fdic.gov/consumers/consumer/news/cnfall10/fraudquiz.html](http://www.fdic.gov/consumers/consumer/news/cnfall10/fraudquiz.html) to see if you're vulnerable to financial fraud.

-Chattanooga Times Free Press

## Health



### HOW TO CREATE FAMILY HEALTH HISTORIES

■ Start with info about your own health and that of your parents, children and siblings. Then add grandparents, aunts, uncles and cousins from both sides of the family.

■ Include a range of health conditions, from heart disease and cancer to arthritis and problems during pregnancies.

■ Ask about the age when health problems arose, and the cause and age of death for deceased relatives.

■ If possible, ask follow-up questions such as whether a heart attack was preceded by treatment for high blood pressure or high cholesterol.

■ Include lifestyle information, such as family eating and exercise habits, where people live, common occupations.

■ Update information as new illnesses are diagnosed and the family grows.

■ Respect that some relatives may not want to share their health history.

### ONLINE

■ **Surgeon General's My Family Health Portrait:** <https://familyhistory.hhs.gov> and for getting-started info, [www.hhs.gov/familyhistory](http://www.hhs.gov/familyhistory)

■ **Genetic Alliance "Does It Run The Family" Campaign:** [www.geneticalliance.org](http://www.geneticalliance.org)

■ **American Society of Human Genetics:** [www.talkhealthhistory.org](http://www.talkhealthhistory.org)

— *The Associated Press*

--Chattanooga Times Free Press



2010 Alpha Chapter Christmas Photo



*Xi State First Vice-President, Beverly Smith; Alpha President Dr. Patti Skates; and Area Director Carolyn Earnest at the Alpha Chapter December meeting.*



*Our hostesses for the December meeting, Naomi Hay, Barbara Graham, Stephanie Parrott, and Joy Billings, provided wonderful and delicious food.*

**More Photos can be seen at  
[www.AlphaChapterDKG.com](http://www.AlphaChapterDKG.com)**

## A Test for Old Kids

See how many of these you can answer. Answers at the bottom. Now, don't look at the answers until you've tried all the questions.

1. After the Lone Ranger saved the day and rode off into the sunset, the grateful citizens would ask, "Who was that masked man?" Invariably, someone would answer, "I don't know, but he left this behind." What did he leave behind?
2. When the Beatles first came to the U.S. in early 1964, we watched them on "The \_\_\_\_\_ Show."
3. "Get your kicks \_\_\_\_\_."
4. "The story you are about to see is true. The names have been changed to \_\_\_\_\_."
5. "In the jungle, the mighty jungle, \_\_\_\_\_."
6. "N E S T L E S, Nestles makes the very best \_\_\_\_\_."
7. Satchmo was America's "Ambassador of Goodwill." Our parents shared this great jazz trumpet player with us. His name was \_\_\_\_\_.
8. What takes a licking and keeps on ticking?
9. Red Skeleton's hobo character was named \_\_\_\_ and Red always ended his TV show by saying, "Good Night and \_\_\_\_\_."
10. Some Americans who protested the Vietnam War did so by burning their \_\_\_\_\_.
11. In 1971, singer Don McLean sang a song about, "the day the music died." This was a tribute to \_\_\_\_.
12. We can remember the first satellite placed into orbit. The Russians did it. It was called \_\_\_\_.

Answers:

1. Silver bullet
2. Ed Sullivan Show
3. On Route 66
4. Protect the innocent.
5. The Lion Sleeps Tonight
6. Chocolate
7. Louis Armstrong
8. Timex watch
9. Freddie the Freeloader  
"Good night and God Bless"
10. Draft cards (Bras were also burned. Not flags as some may have guessed)
11. Buddy Holly
12. Sputnik

*"Everything is funny as long as it is happening to somebody else"*  
- Will Rogers



**Please keep these Alpha Sisters in your thoughts and prayers.**

**Betty Ball  
Betty Fassnacht  
Elizabeth Kimzey  
Frances Wilson**



**Please bring any or all of the following to the meetings:**

**General Mills' "Box Tops for Education"**  
**Campbell's "Labels for Education" - just bring UPC, not the entire label**  
**Toiletries for Vets -any size toiletries. They can also use phone cards, white socks, and white T-shirts**  
**Magazines - Cut off or mark over your personal information**  
**Hardback or paperback books to be bought by the Sisters**

**These were the items brought to the December meeting:**

**66 magazines  
42 box tops  
20 labels  
64 toiletries**

**The magazines were taken to the Life Center of Red Bank.**

**Alpha Sisters brought 28 toys and a \$25 check to the December meeting which were taken to "Toys for Tots" at the Marine Center.**

*Thank you, Alpha Sisters, for all your donations!*

*Nancy Thompson gave this as the devotion at the Alpha Chapter December meeting. Several Sisters asked for a copy of it.*

If I decorate my house perfectly with plaid bows,  
Strands of twinkling lights and shiny bells,  
But do not show love to my family,  
I'm just another decorator.

If I slave away in the kitchen,  
Baking dozens of Christmas cookies,  
Preparing gourmet meals,  
And arranging a beautifully adorned table at mealtimes,  
But do not show love to my family,  
I'm just another cook.

If I work at the soup kitchen,  
Carol in the nursing home,  
And give all that I have to charity,  
But do not show love to my family,  
It profits me nothing.

If I trim the spruce with shimmering angels  
And crocheted snowflakes,  
Attend a myriad of holiday parties  
And sing in the choir's cantata,  
But do not focus on Christ,  
I have missed the point.

Love stops the cooking to hug the child.  
Love sets aside the decorating to kiss the husband.  
Love is kind, though harried and tired.  
Love doesn't envy another's home that  
Has coordinated Christmas china and table linens.  
Love doesn't yell at the kids to get out of the way,  
but is thankful that they are there to be in the way.  
Love doesn't give only to those who are able to give in return,  
but rejoices in giving to those who can't.

Love bears all things, believes all things  
Hopes all things, endures all things.  
Love never fails.  
Video games will break,  
Pearl necklaces will be lost,  
Golf clubs will rust;  
But giving the gift of love will endure.  
- Unknown

*There are three kinds of people in the world today. There are "well-poisoners", who discourage you and stomp on your creativity and tell you what you can't do. There are "lawn-mowers", people who are well-intentioned but self-absorbed; they tend to their own needs, mow their own laws, and never leave their yards to help another person. Finally, there are "life-enhancers", people who reach out to enrich the lives of others, to lift them up and inspire them. We need to be life-enhancers, and we need to surround ourselves with life-enhancers.*

*-Walt Disney*

## *Nine Words Women Use --As Told By a Man*

1. **Fine:** This is the word women use to end an argument when they are right and you need to shut up.
2. **Five Minutes:** If she is getting dressed, this means a half hour. Five minutes is only five minutes if you have just been given five more minutes to watch the game before helping around the house.
3. **Nothing:** This is the calm before the storm. This means something, and you should be on your toes. Arguments that begin with nothing usually end in "Fine".
4. **Go Ahead:** This is a dare, not permission. Don't Do It!
5. **Loud Sigh:** This is actually a word, but is a non-verbal statement often misunderstood by men. A loud sigh means she thinks you are an idiot and wonders why she is wasting her time standing here and arguing with you about nothing. (Refer back to #3 for the meaning of "Nothing".)
6. **That's Okay:** This is one of the most dangerous statements a woman can make to a man. That's okay means she wants to think long and hard before deciding how and when you will pay for your mistake.
7. **Thanks:** A woman is thanking you, do not question, or faint. Just say you're welcome. (I want to add in a clause here-This is true, unless she says "Thanks a lot"-that is pure sarcasm and she is not thanking you at all. DO NOT say "you're welcome"...that will bring on "whatever".)
8. **Whatever:** Is a woman's way of saying ---YOU!
9. **Don't worry about it, I got it:** Another dangerous statement, meaning this is something that a woman has told a man to do several times, but is now doing herself. This will later result in a man asking "What's wrong:" For the woman's response refer to #3

All men should know these nine words to warn them about arguments they can avoid if they remember the terminology.

All women should get a good laugh, 'cause they know it's true!

-e-mail from Susan Grow

## *Haunting Questions.....*

- Can you cry under water?
- How important does a person have to be before they are considered assassinated instead of murdered?
- Why does a round pizza come in a square box?
- What disease did cured ham actually have?
- How is it that we put a man on the moon before we figured out it would be a good idea to put wheels on luggage?
- Why is it that people say they "slept like a baby" when babies wake up like every two hours?
- If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix the hole in the boat?
- Why does Goofy stand erect while Pluto remains on all fours? They're both dogs?
- Do the "Alphabet Song" and "Twinkle, Twinkle Little Star" have the same tune?
- Why did you just try singing the two songs above?

-e-mail from a friend



"The first of January rolls around  
Like clockwork it appears  
I find its timing most profound  
As it brings us each new year

Right on time, It's never late  
Has never ever blown it  
Apparently this wise old date  
Refuses to postpone it

Drink a toast to January one  
For annual consistence  
It's coming means the old year's done  
Let's drink to its persistence."  
- Stanley Cooper

An optimist stays up until midnight to see the New Year in. A  
pessimist stays up to make sure the old year leaves.  
- Bill Vaughan

"The shortest day has passed, and whatever nastiness of  
weather we may look forward to in January and February,  
at least we notice that the days are getting longer. Minute by  
minute they lengthen out. It takes some weeks before  
we become aware of the change. It is imperceptible even as  
the growth of a child, as you watch it day by day,  
until the moment comes when with a start of delighted  
surprise we realize that we can stay out of doors in a  
twilight lasting for another quarter of a precious hour."  
- Vita Sackville-West

"The twelve months...  
Snowy, Flowy, Blowy,  
Showery, Flowery, Bowery,  
Hoppy, Croppy, Droppy,  
Breeze, Sneezy, Freezy."  
- George Ellis

*and because this is also the February newsletter....*

"February is merely as long as is needed to pass the time until  
March." - Dr. J. R. Stockton

"Love is the condition in which the happiness of another  
person is essential to your own." - Robert Heinlein

"Anyone can catch your eye, but it takes someone special  
to catch your heart." - Anonymous

"A friend is one who knows who you are, understands  
where you have been, accepts what you have become, and  
still gently allows you to grow." -Thomas Hood

"Truly great friends are hard to find, difficult to leave, and  
impossible to forget." -G. Randolph

"True friendship is like sound health; the value of it is seldom  
known until it be lost." -Charles Caleb Colton

